## Managing Symptoms of Gulf War Illness





## Two opportunities:

- Monday June 16, 201412:30p-2:30p, or
- Tuesday June 24, 20143:30p-5:30p

Held at the VA Palo Alto Health Care System

Building 5, 4<sup>th</sup> Floor Conference room 3801 Miranda Avenue Palo Alto, CA 94304

Light refreshments provided

Please join us for a FREE information session to learn more about Gulf War Illness, including:

- □ Common symptoms and affected systems
- Potential causes
- Management of symptoms such as:
  - Chronic pain
  - GI problems
  - Cognitive issues
  - Sleep disturbance

For more information or to RSVP call: (888) 482-4376 or (650) 849-0407



